

**HT, SH, GMS & Our Lady of the Lake - Lunch;** Westonka is an equal opportunity institution; For questions or concerns, please email [metzgerl@westonka.k12.mn.us](mailto:metzgerl@westonka.k12.mn.us)  
 One school lunch is free for all students and must include a fruit or vegetable selection. It may include: 1 entrée, 1 milk, All you care to eat fruits and vegetables

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>10/30</p> <p>Hot Dog w/ Chips Cereal Bowl, Crackers and Cheese Stick Apple Slices Baked Beans</p>	<p>10/31</p> <p>Chicken Nuggets with a Garlic Breadstick Hillshire Farm Ham &amp; Cheese Wrap Diced Pears Broccoli</p>	<p>11/01</p> <p>Teriyaki Chicken w/ Rice Sunchips &amp; Smoothie &amp; Cheese Apple Slices Baby Carrots</p>	<p>11/02</p> <p>Chicken Patty on a Bun Yogurt with WG Birthday Cake Bar Diced Pineapple Garden Salad</p>	<p>11/03</p> <p>Macaroni &amp; Cheese w/ Garlic Toast Jenni-O Turkey &amp; Cheese Sandwich Strawberries Fresh Broccoli</p>
<p>11/06</p> <p><b>No School</b></p>	<p>11/07</p> <p>Orange Chicken w/ Rice Hillshire Farm Ham &amp; Cheese Wrap Garden Salad Fruit Cocktail</p>	<p>11/08</p> <p>Mini Waffles &amp; Sausage Patties Sunchips &amp; Smoothie &amp; Cheese Baby Carrots Diced Pears</p>	<p>11/09</p> <p>Walking Taco Yogurt with WG Birthday Cake Bar Diced Peaches Fresh Broccoli</p>	<p>11/10</p> <p>Chicken Tenders with a Garlic Breadstick Jenni-O Turkey &amp; Cheese Sandwich Corn Diced Pineapple</p>
<p>11/13</p> <p>French Toast Sticks &amp; Chicken Tenders Cereal Bowl, Crackers and Cheese Stick Strawberries Baby Carrots</p>	<p>11/14</p> <p>Italian Dunker w/ Marinara Sauce Hillshire Farm Ham &amp; Cheese Wrap Garden Salad Diced Peaches</p>	<p>11/15</p> <p>Chicken Alfredo w/ Breadstick Sunchips &amp; Smoothie &amp; Cheese Baby Carrots Diced Pears Milk - Variety</p>	<p>11/16</p> <p>Popcorn Chicken w/ Dinner Roll Yogurt with WG Birthday Cake Bar Mandarin Oranges Mashed Potatoes &amp; Gravy Milk - Variety</p>	<p>11/17</p> <p>Cheese or Pepperoni Pizza Jenni-O Turkey &amp; Cheese Sandwich Fresh Broccoli Apple Slices Milk - Variety</p>
<p>11/20</p> <p>Hamburger (or cheese) w/ Chips Cereal Bowl, Crackers and Cheese Stick Apple Slices Shelled Edamame</p>	<p>11/21</p> <p>Nachos Hillshire Farm Ham &amp; Cheese Wrap Broccoli Pineapple</p>	<p>11/22</p> <p>Pasta w/ Marinara Meat Sauce &amp; Bread Sunchips &amp; Smoothie &amp; Cheese Baby Carrots Diced Pears</p>	<p>11/23</p> <p>11/24</p> <p><b>No School</b></p>	
<p>11/27</p> <p>Hot Dog w/ Chips Cereal Bowl, Crackers and Cheese Stick Apple Slices Baked Beans</p>	<p>11/28</p> <p>Chicken Nuggets with a Garlic Breadstick Hillshire Farm Ham &amp; Cheese Wrap Diced Pears Broccoli Treat Day!</p>	<p>11/29</p> <p>Teriyaki Chicken w/ Rice Sunchips &amp; Smoothie &amp; Cheese Apple Slices Baby Carrots</p>	<p>11/30</p> <p>Chicken Patty on a Bun Yogurt with WG Birthday Cake Bar Diced Pineapple Garden Salad</p>	<p>12/01</p> <p>Macaroni &amp; Cheese w/ Garlic Toast Jenni-O Turkey &amp; Cheese Sandwich Strawberries Fresh Broccoli</p>